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Monday, 1<sup>st</sup> June 2025

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# SUMMER CAMP

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	DAY 7	
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## Imagination unleashed, joy multiplied!

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Day 7 brought a burst of creativity and joy as students dived into exciting crafts, lively games, and interactive stories. With colors, laughter, and teamwork filling the air, each child explored their imagination while making memories with friends. It was a day where fun met learning, and every little moment turned into something special!

- **Zeezone:** Mindful movement
- **Adventure Arena:** Sports team challenge
- **Glide & Slide:** Skating fun
- **Artistic adventure:** Craft & create
- **Little chefs:** Cooking & baking
- **Super self:** Personality development
- **Melody makers:** Music & movement
- **Gratitude garden**



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## Yoga Flow: Building Strength with Dhanurasana (Bow Pose)

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- Improved posture and flexibility
- Enhanced energy and focus
- Built strength and body balance

### What Made It Special?



The session opened with a wave of focus and flexibility as students practiced Dhanurasana under the guidance of Arun Sir! Bending like a graceful bow, they stretched their backs and opened their chests, boosting both posture and energy. With each deep breath, students found strength in stillness and balance in motion. It was a beautiful blend of effort and ease that left everyone feeling empowered and aligned for the day ahead!





# ADVENTURE ARENA



## SPEED & AGILITY WITH ZIGZAG RUNNING

The playground came alive with energy as students weaved their way through the zig zag cones! Under the guidance of our enthusiastic sports coach, they darted, turned, and dashed with focus and flair. Zigzag Running boosted their agility, coordination, and reaction time—making every step a fun-filled burst of movement. It was a thrilling way to sharpen reflexes and build confidence on the field!



- BOOSTED CREATIVITY AND FOCUS
- IMPROVED FINE MOTOR SKILLS
- ENCOURAGED PATIENCE AND MINDFULNESS



Today our young artists dived into a fun adventure with Seed Mosaic Art using colorful clay! With tiny seeds and big imaginations, they crafted magical patterns full of creativity and joy. It felt like a treasure hunt—choosing the perfect seed to fit their masterpiece! The calm, hands-on fun turned into a peaceful art journey filled with giggles and wonder.

## CLAY CREATION - SEED MOSAIC ART



Our little chefs turned into cupcake wizards during the thrilling Cook and Bake adventure! Led by the dynamic trio—Shikha, Radhika, and Mahi—magic filled the air with every swirl and sprinkle. Tiny hands mixed, whisked, and giggled as they crafted eggless delights straight from their imagination. From batter battles to topping treasure hunts, every step was a delicious discovery! The kitchen echoed with laughter, teamwork, and the sweet scent of success!



## Little Chefs: Cooking And Baking

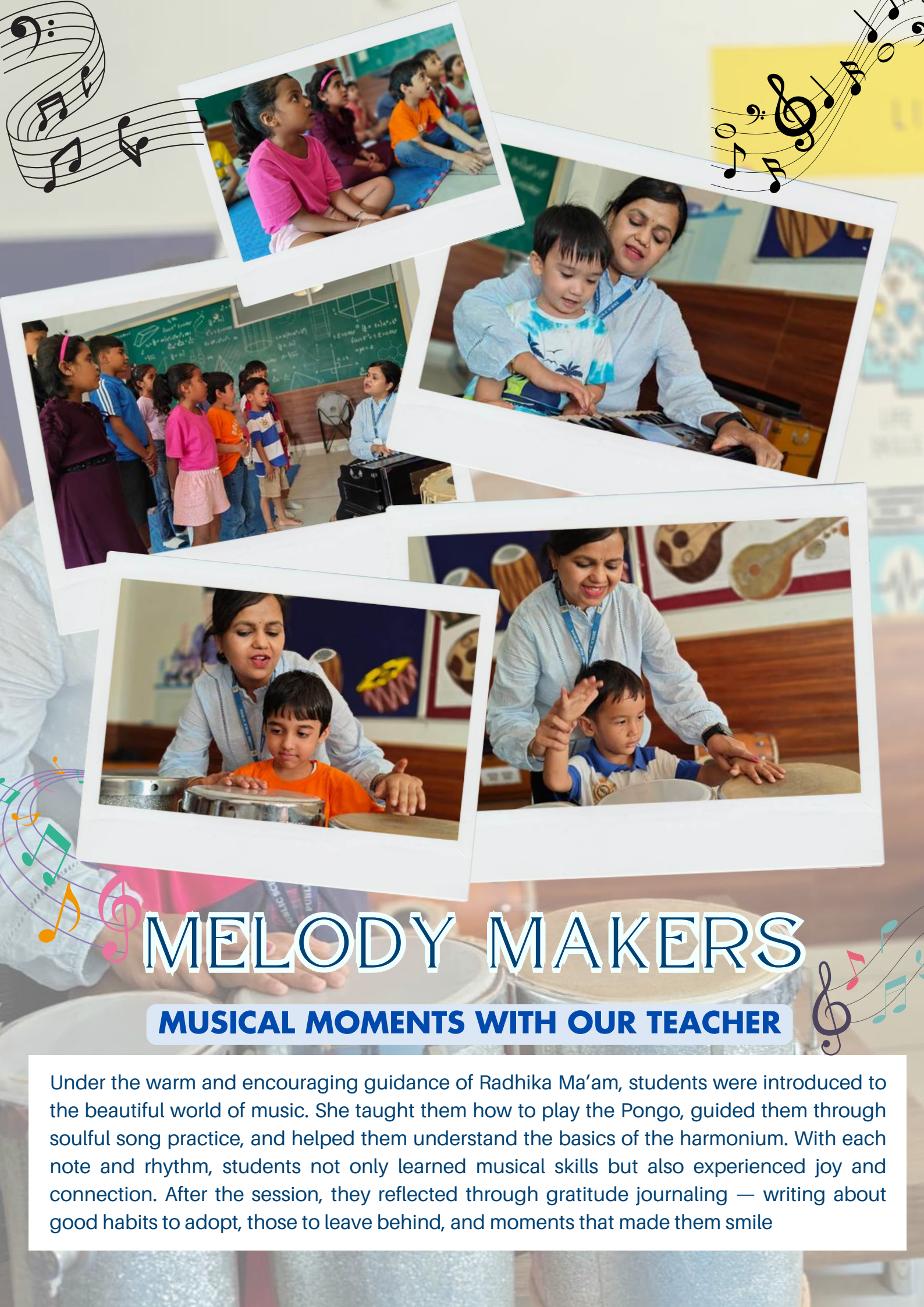


## *Memories in Motion*

### **A GRATEFUL GLIMPSE OF OUR SCHOOL TOUR**

Tanishqa Ma'am led students on an exciting and joyful school tour, turning a day of exploration into one filled with laughter, learning, and togetherness. From scenic views to fun activities, every moment was an opportunity to create lasting memories. After returning, students engaged in discussion, reflecting on habits to build, habits to let go of, and special moments from the tour that made them smile. The experience became more than just a trip — it became a celebration of friendship, discovery, and the simple joy of being present.





# MELODY MAKERS

## MUSICAL MOMENTS WITH OUR TEACHER

Under the warm and encouraging guidance of Radhika Ma'am, students were introduced to the beautiful world of music. She taught them how to play the Pongu, guided them through soulful song practice, and helped them understand the basics of the harmonium. With each note and rhythm, students not only learned musical skills but also experienced joy and connection. After the session, they reflected through gratitude journaling — writing about good habits to adopt, those to leave behind, and moments that made them smile

# GRATITUDE GARDEN

Under the calm guidance of Sunita Jalali Ma'am, students stepped away from their everyday rush to engage in a quiet session of gratitude journaling. They explored thoughtful prompts —like moments that brought them peace, people who uplifted them, and lessons learned through struggle. With each word they wrote, a deeper awareness of their journey emerged. The atmosphere turned serene as they embraced stillness and appreciation. What began as a writing exercise evolved into a personal space for recognizing strength, nurturing joy, and fostering emotional well-being.



**MOMENTS THAT MATTER**