

Tuesday, 27th May 2025

Summer Camp



Day 2 at TPSG Summer Camp was a vibrant celebration of connecting with nature, expressing creativity, savoring moments of happiness, envisioning new possibilities, and embracing gratitude. Our campers explored the outdoors, reflected on their experiences through art and writing, enjoyed delicious treats, and discovered the power of thankfulness—all while nurturing their vision for a brighter tomorrow.

Zen Zone: Mindful Movement & Meditation

Green Thumbs: Gardening Adventures

Dream Big: Imaginative Play

Little Chefs: Cooking & Baking

Future Visions: Goal Setting & Dreams

Stage Stars: Theatre & Performance



DAY 2

Zen Zone: Mindful Movement & Meditation



Where calm minds and focused hearts meet.





**In every child's hand lies
the power to grow a
garden of dreams.**



- Understanding plant life cycles
- Building responsibility through daily care
- Sensory exploration through soil, water & touch
- Developing patience and connection with nature

Green Thumb Gardening Adventure with Ms. Dipika

What a fun and muddy day it was!

In the exciting Green Thumb Gardening Adventure with Ms. Dipika, our little ones became young gardeners and had a great time with nature.

With big smiles and lots of energy, the children rolled up their sleeves and got ready to dig. As soon as they saw the soft soil, they put their tiny hands into the mud and laughed with joy! Ms. Dipika showed them how to plant seeds gently into the soil.

The garden was full of happy voices, muddy hands, and excited faces. The children learned how to take care of plants and how fun it is to help something grow. It was a day full of fun, learning, and love for nature. Our young gardeners can't wait to see their plants grow!



PLAY

is the highest form of research.



Dream Big: Imaginative Play

The energy was electric as our young dance enthusiasts dove into the thrilling world of dance sequences and choreography—with a twist of robotic flair! They explored the funky world of robotic moves, mixing mechanical precision with Bollywood's vibrant energy. Laughter, music, and high-fives filled the room as confidence soared, bodies moved, and hearts raced—because dancing this way not only builds flexibility and strength but also boosts cardiovascular health and unleashes pure joy through every electrifying step!

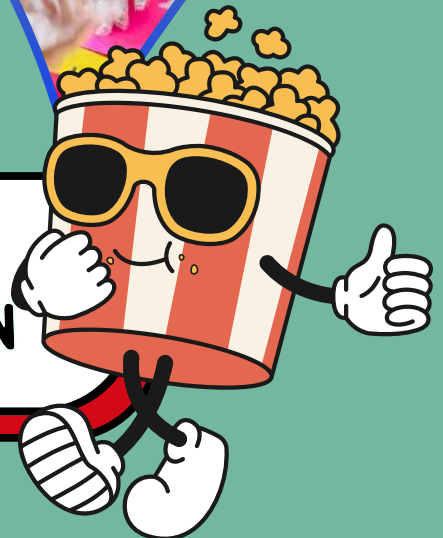
LITTLE CHEFS: COOKING AND BAKING

POPCORN-PACKED COOKING DAY WITH SHIKHA AND RADHIKA!

An exciting cooking activity was held for the students, turning an ordinary day into a popcorn-filled adventure! Guided by Shikha and Radhika, the young chefs rolled up their sleeves and dove into the fun of making popcorn from scratch. From popping kernels to decorating their colorful, tasty creations, every moment was packed with laughter, learning, and hands-on joy. This mini-cooking session not only introduced basic kitchen skills but also sparked creativity and teamwork.



TODAY'S RECIPE:
JOY + TEAMWORK + POPCORN





DREAM IT, SEE IT, ACHIEVE IT: VISION BOARD ACTIVITY

- Goal setting and future planning
- Boost in self-esteem and confidence
- Encouragement of positive thinking
- Creative expression through visuals



LEARNING WITH TEACHER

In a vibrant session led by Kritica Ma'am, students created inspiring Vision Boards filled with dreams and goals!

They beautifully pasted pictures representing health, family, friends, sports, knowledge, hobbies, and future aspirations.

The activity sparked self-reflection, positivity, and a powerful belief in turning dreams into reality!



WHERE CREATIVITY MEETS CLARITY.

STAGE STARS – THEATER AND PERFORMANCE



Our young stars stepped into the magical world of theater – a world where emotions come alive, confidence grows wings, and teamwork steals the spotlight. On day one of this dramatic journey, the students leaped into action with wide eyes, bright smiles, and boundless imagination. Guided by the ever-enthusiastic Ms. Amita, they dove into a whirlwind of fun drama games, improved challenges, and creativity-boosting activities. Laughter echoed through the room as they took their first steps on stage, said their first brave lines, and drew in their first deep breaths of courage.



Act. Express. Shine!



Every stage needs a star!





Mindful Kids, Happier Hearts.

- Boosted emotional well-being
- Developed self-reflection and mindfulness
- Encouraged daily gratitude and positive thinking
- Created a personal space for calm expression

Gratitude Journal: Discovering Positivity Within

Reflection turned into a mindful journey with Kritica Ma'am as students began their daily practice of gratitude journaling! With thoughtful prompts like habits to build, habits to break, and moments that made them smile, they tapped into self-awareness and positivity. Each entry became a step toward personal growth, as they discovered the power of small reflections in shaping a brighter, happier mindset!

